# OFFICE VISIT PT

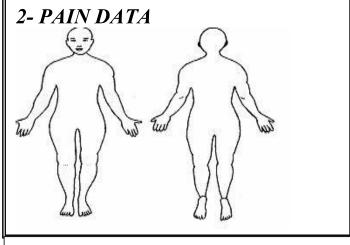
Pt name Referred by Date

### 1-Reason for visit

Emergency visit
Requesting nerve block
After a procedure
Evaluation of medication
Requesting Medication refill
Discuss other treatment

Scheduled EMG UPPER Scheduled EMG LOWER To review EMG

To review MRI To review Discography To discuss new pain



#### **Location**

Whole body, Head, Neck, Shoulder, Arm, Hand Upper back Lower back, Hip, Leg, Knee, Foot

# Pain intensity (from 0-10)

1 2 3 4 5 6 7 8 9 1 What makes pain worse? -----

What makes it better?-

#### Circle pain description

Achy/Burning/dull/Pins/sharp/Shooting/Stabbing/Throbbing/ All Body/ All joints/ Muscle Spasms / Constant /

#### Circle associated symptoms

**Back or neck pain:** Recent worsening/Tingling, Pins & needles, Numbness/Weakness/ Dist. Of bowel, bladder control/ Fever/ Point tenderness on the spine **PSYC:** Anxiety/Depression/Sleeplessness

**Headache:** Recent worsening/scalp tenderness/ nausea/ vomiting; light & noise sensitivity/ lack of concentration/ confusion/ difficulty talking/ dizziness/ fainting/ worsening at night/ wakening up patient from sleep/ morning headaches / worsening with exercise or coughing or straining or changing position or sexual activity/ fever.

<u>CRPS</u>: skin sensitivity/ numbness/ weakness/ color changes/ swelling/ shiny skin/ hair changes/ temperature changes / sweating changes

### 3-Circle daily activities that are

**impacted:** General activity/ Work/ School/ Household work/ Walking/ Standing / Sitting/ Driving/ Movement/ Lifting/ Relations with others/ Social activities/Enjoyment life/ Sex/ Sleep

### 4-Medications list

Comments

Side effects

How often do you take pain pills Do you take medication from other physicians, or more than prescribed?

# 5- Last Procedure

Date

Improvement percentage

Post procedure Complications Y N

6-